Stage 7

FROM CAPRIE TO COAZZE

Starting: Caprie (m.374)

Arrival: Coazze (m.750)

Travel time: 5hrs.30mins.

Difference in height: m.1046

Downhill:m.670

Theage leads from the lower Val di Susa valley to upper Val Sangone.

, follow the Provincial Road # 199 in the direction of Condove. A little less than 200 metres after the first curve to the right, up to a quarry, reach the national trail # 24. Go through it and follow it for a few meters in the direction of Condove, until you cross a paved road which takes you into the trees on your left, next to an old disused railroad track (quarry service). Follow this road and just before the bridge over the river Dora Riparia, go up the railway embankment to your right. Cross the Dora Riparia by the disused railway bridge, regain the road to your left and pass under the motorway Turin-Bardonecchia A32. Ignoring a detour to the right, continue in the direction of the downstream right side of Val di Susa, until passing, the railway line Turin - Modane by a level crossing, to the village of Chiusa San Michele (30 mins). At the traffic lights, cross the road #. 25 and follow Via General Cantore until the end. Turn right in Via Roma and pass the intersection with Via Longobardi and a church on your left. The street name changes in Via Barella, and immediately after the street sign on your left, next to with an information board showing the path, find a detour onto the track pointing towards the mountain. After a few steps, a wooden sign indicates the Starting of the trail to Bennale for path # 504 (45 mins). Following directions for the Path of the Franks (SF) go up into the woods overlooking a path that lowers on the right (yellow marks). Continue until you reach a small wooden bridge over a river, after a fountain. The trail follows the river for a while, then climbs through meadows to reach a paved road, follow it up to a hairpin bend and then by trail and road to reach the village of Bennale (m. 933, 2 hrs 10 mins). In a square of the village, turn left after the fountain and the church shaded by a century-old chestnut. On the wall of a house find the sign of the Path of the Franks (SF), which runs into the woods along a long hedge to reach a stream. Cross this, leave the path that goes straight on, and bear left. A steep climb with bends leads to the paved road that passes below the houses of Molè leading to the hamlet of Folatone (m. 986), use the trail coming up from Vaie to reach the houses, the fountain and church with bell tower (2 hrs and 30 mins). Continue following the directions of the Path of the Franks (SF), go uphill in the woods, and via a few bends, Arrival at an isolated house and then a little shrine before the summer dwellings of the hamlet of La Mura (served by a paved road that climbs from the bottom of the valley). Around the last bend, take a dirt road into the pastures and then, crossed a river, find the signs of the Path of the Franks (SF) near a crossroads. At the fork, take the right path, up along, initially steep slope, not far from a stream. Reach a water supply building in the middle of a recently cleared area and follow its left margin, so as to find the signs of the Path of the Franks (SF). The trail climbs up through a beech forest, crossing a fire-road to reach the ridge separating the valleys of Susa and Sangone, and the dirt road that climbs to Braida Pass, follow it to

the right. At "i tre roc" (dialect for 'the three rocks') take the path # 435 (signs Colle Bione and Colle del Vento, faded yellow paint) and follow it passing Roccia Corba (m. 1489) and Cima Piana. From here descend easily to Colle Bione (m. 1420, 4 hrs 30 mins) where you find a church dedicated to Our Lady of the Snow, a picnic area and a war memorial to partisans from the valleys of Susa and Sangone. Following the signs of the Great Crossing of the Alps (GTA), take the path towards the Sangone valley, reaching Pianiermo, an abandoned village (m 1226). Continue on this path into a forest, and then leave it by turning left so as to reach the secluded Casa Melia (m. 1130) and Mattonera (m. 1080, 5 hrs). From the square of Mattonera, follow the paved road arriving at the hamlets of Carbonero and Brando and lastly down to the village of Coazze (5hrs 30 mins).

Transportation

http://www.extrato.it/upload/orari/000252.pdf

Accommodation

http://www.comune.coazze.to.it/strutture_ricettive.html

http://gtapiemonte.it/posto-tappa/borgata-ferria-forno-di-coazze/

http://www.paesionline.it/piemonte/coazze/hotel_alberghi_coazze.asp