

Stage 4

FROM TRAVES TO VIÙ'

Starting: Traves (m. 632)

Arrival: Viù (m. 775)

Walking time: 4 hrs.

Difference in height: m. 756

Downhill: m. 613

The stage leads from the lower valley of the Stura di Lanzo to the lower valley of Viù.

From the square of Traves (hamlet Villa), follow the direction of the outskirts André and Bertolè. Continue until the crossroad between Via Malerba and Via Fontana and then walk up Via Fontana until you find, on the right side, a wooden board with a panel "Sentieri della Libertà" (Paths of Freedom). Leave the paved road and walk the grassy road that climbs. After a short distance, near a wooden construction, the route becomes a trail; enter a deciduous forest and [goes along a canal](#). After the last houses, you quickly reach Colmet Pass (m. 717), characterized by a religious shrine, a picnic area and a house, continue then following the canal to the west, enter the valley of the river Ordagna, which flows to the left. By path on a slight slope, go up to hamlet [Figiai](#) (m. 750), not considering the detour towards Pian Bracon and keeping you in the valley, leave the canal and enter again the wood. Continuing uphill along path # 254, reach Muande Castagna (m. 736), Muande 'd Paulina, Piazzola (m. 762), and then Combacistel (m. 824). Cross the river Ordagna and start a much steeper ascent on a narrow but well marked path, reaching the isolated house of [Bramafam](#) (m. 1095, 1 hr 40 mins), (there is a wooden board with no panels), go up the ridge covered with sparse vegetation to [Pra Lorenzo Pass](#) (m. 1388, 2 hrs. 20 mins.). Following some wooden arrows, choose the path that leads down to Viù (signposted Fubina, red marks), whose initial stretch is quite steep and a little tricky for the rock on which you walk . Reached quickly a crossroads, turn left on route # 135 (signposted Fubina, red or red-white marks). From here [the trail - very well cared](#) and often equipped with low dry stone walls - gently cutting halfway, goes down with a few wide turns. The risk of losing the path, which winds through a beautiful pine forest offering wonderful views, is very low especially if you pay attention to the cairns of stones and the marks. In any case, you have to continue to go down until the [hamlet of Fubina](#), where, passing between the houses, you reach the provincial road # 32 near the church (3 hrs 30 mins). Finally go up the paved road for about two miles, until you [reach the centre of Viù](#) (4 hrs).

Transportation

<http://gttweb.5t.torino.it/gtt/percorsi/percorsi-sommario.jsp>

Accommodation

<http://www.portaleviu.com/>