

### Stage 3

#### FROM REFUGIO SALVIN TO TRAVES

**Starting: Refugio Salvin (m. 1580),**

**Arrival: Traves (m. 632)**

**Walking time: 5 hrs 30 mins**

**Difference in height: m. 351**

**Downhill: m. 1220**

The stage follows the watershed that separates the valley of Tesso from valley of Brissout and Val Grande di Lanzo.

From Refugio Salvin follow the path # 407 (3R sign, white - red marks) onto the dirt road that passes just upstream of the building. Ignored at the first fork a detour to the right, go on around the ridge and keep the track half way, at the second junction, avoid the left direction, which leads to hamlet Menulla (hamlet of Monastero di Lanzo), and follow the right one, that with a short climb leads to Forchetta Pass (m. 1666, 1 hr). On the square area of the pass, which joins the valley of Tesso and Val Grande, walking on the opposite side, leave the dirt road on the right and look for the path that continues to the south (direction Chiaves 3R), up to [Alpe Santa Barbara](#) (m. 1504). From here, get off using a grassy cart track until you reach a dirt road at the first junction, near San Giacomo Pass (m. 1460); turn right at the second junction, a short distance away, to the left following a hairpin. Avoided the detour to the right towards the church of [San Giacomo di Moia](#), leave the dirt road and take the path uphill that, with the path # 332b (direction Chiaves; Trail # 3R; Cresto; Monte Ciucrin), cuts the western slopes of Mount Ciucrin (m. 1514) and Mount Garnè (m. 1397). Reached the houses of Colombero, using a dirt road go down the hill to the square area of Croce Pass (m. 1125), from where a paved road in few minutes reaches the village of [Chiaves](#) (2 hrs 30 mins). Through the village always on paved road, keeping the church on your right, continue uphill towards Gisola and the sanctuary of St. Ignatius. At the first fork, turn right along a road first paved and then dirt. At the end of the dirt road, on the left starts the path # 335 (signs Moiassetto, Pessinetto-Fuori, Losa, red-white marks), which takes downhill to a beautiful hardwood forest. On the trail, you first reach hamlet [Moiassetto di Pessinetto](#) (m. 914), then, (move away the detour to the right towards the village of Bernucchio), hamlet Monti (m. 796). After Monti, the trail passes through and crosses a couple of times a paved road, signpost Pessinetto-Fuori that you reach and then follow the road towards right. Pass near the church of Pessinetto (m.580), cross the road (Provinciale #1) and take a little descending road till a little bridge to cross the river Stura di Lanzo, arrived in the area of Mezenile (hamlet Lazetta) turn left to find the path #203 (red and white marks), go across Fund del Truc and Mes del Truc and walk the dirt road to reach Ru (m. 812) and Pugnetto (m. 845). Flank [the church of Pugnetto](#) (dedicated to saints Lorenzo and Valentino) and walk the path #257 till the [cave of Pugnetto](#) and then to the village of [Villa di Traves](#) (m. 6532) - 5 hrs 30 mins.

**Transportation**

<http://gttweb.5t.torino.it/gtt/percorsi/percorsi-sommario.jsp>

**Accommodation**

<http://www.misterimpreses.it/piemonte/torino/traves/alberghi/75962.html>

<http://www.albergoristorantelusiana.it/>

*www.sentieriresistenti.org*